

# Fibonacci Quilt #1

## Workshop Supply List and Preparation

**IMPORTANT NOTE:** Periodically, based on student feedback, I make **updates** to the Workshop Supply List. **BEFORE** you purchase or cut any fabric, please check my website. I will always post the most current version of the supply list on my website at <http://www.carolelylesshaw.com/modern-quilt-workshops/>



This one-day workshop is a surprisingly easy no-math approach to making a modern quilt using just a few basic block sizes. Block sizes are based on Fibonacci math—a number series common to many things in nature such as the spirals in seashells.

Don't worry about the math! You can create a quilt that looks modern, random and improvisational quickly and easily using this method. This is also a great 'stash buster' quilt because you can use fat quarters of fabric leftover from other projects.

During class, I will show you options for easy customization—including a no pin, no template optional curved block. I will also show you easy ways to make the improvisational center block!

You will develop confidence for improvisational piecing and using an alternate grid layout. Class is a full day and you should leave with several blocks completed. You will also have full instructions and a layout for completing the quilt. **You can use a variety of fabrics—including an all solids version.** Or you can use a focus print and complementary prints and solids. Fabric supply list is given for both versions—**choose the version you would like to make.**

**Questions? Email me at [carole@lyles.net](mailto:carole@lyles.net)**

## OPTION #1: Full Quilt FABRIC SUPPLY LIST—Prints & Solids Version

Finished size: 69" by 69"

<b>FABRIC: Using a bold focus print and coordinating prints and solids</b>	<b>Yardage Needed</b>
<p><b>One Focus Print:</b> select a vivid, interesting <b>modern</b> print with at least 6 different colors in it. Look at the fabric dots on the selvedge to help you select additional colors. This focus print will guide the rest of your choices and set the ‘theme’ for your quilt. Modern ‘novelty’ prints work well. Modern florals also work well.</p>	<b>One half yard</b>
<p><b>3-4 Different Prints that Complement Your Focus Print:</b> Don’t match it too much! Look for modern fabrics that contrast and bring variety. For example, if your focus fabric is a bold novelty print, then look for smaller prints, modern batiks or stripes or plaids that have similar colors. It is VERY important to bring a variety of light, medium and dark values. If you are not sure, then bring <b>more choices</b>. I will be very happy to help you make selections during the workshop.</p>	<b>One fat quarter of <u>each</u> fabric</b>
<p><b>3-4 Solids, Ombres or Tone-on-Tones:</b> Hand dyes, Moda Grunge, Moda Marbles, Northcott Toscana, ombre fabrics and other tone-on-tones are all good options and will give your quilt more subtle texture than using a plain solid. It is VERY important to bring a variety of light, medium and dark values. Look for one or two fabrics with <b>darker</b> values as well as a medium and a light value. Compare these fabrics to your other fabrics—is there good contrast between them? I also suggest you bring one ‘bright’ color such as medium or light yellow or whatever ‘bright’ will complement your fabric colors.</p>	<b>One fat quarter of <u>each</u> fabric-- light, medium and dark values</b>
<p><b>Background Fabric:</b> Hand dyes, Moda Grunge, Moda Marbles, Northcott Toscana, ombre fabrics and other tone-on-tones are all good options and will give your quilt more subtle texture than using a plain solid. This is the fabric that will be the <b>open</b> space in your quilt. It’s called the ‘background’ for all the blocks you will make. Select a fabric that will give you some contrast in color and value with your other fabrics. This will make your blocks seem to float.</p>	<b>3-1/2 yards</b>
<p><b>OPTIONAL Bold Geometric Print:</b> Look for a print that has circles or other bold geometric shapes in your colors. Don’t overlook a black and white print—they often make an excellent choice! It may give you just the ‘spark’ that you need.</p>	<b>One Fat quarter</b>

**OPTION #1: Full Quilt FABRIC SUPPLY LIST—All Solids Version**

<b>FABRIC : Using all solids (or grunge or other 'near solids')</b>	<b>Yardage Needed</b>
<p><b>10 to 12 Solids or tone-on-tones:</b></p> <p>Hand dyes, Moda Grunge, Moda Marbles, Northcott Toscana, ombre fabrics and other tone-on-tones are all good options and will give your quilt more subtle texture than using a plain solid. Be sure to choose fabrics that have a range of colors AND value. It is VERY important to bring a variety of light, medium and dark values. You should have at least two darks, several mediums and three light values. You need contrast so that the block design stands out. I also suggest you bring one 'bright' color such as medium or light yellow or whatever 'bright' will complement your fabric colors. If you are not sure, then bring more choices. I will be very happy to help you make selections during the workshop.</p>	<p>One fat quarter of each fabric-- light, medium and dark values</p>
<p><b>Background Fabric:</b></p> <p>This is the fabric that will be the negative space in your quilt. It's called the 'background' for all the blocks you will make. Hand dyes, Moda Grunge, Moda Marbles, Northcott Toscana and other tone-on-tones are all good options and will give your quilt more subtle texture than using a plain solid. This is the fabric that will be the open space in your quilt. It's called the 'background' for all the blocks you will make. Select a fabric that will give you some contrast in color and value with your other fabrics. This will make your blocks seem to float.</p>	<p>3-1/2 yards</p>
<p><b>OPTIONAL Bold Geometric Print or ONE focus print:</b> Look for a print that has circles, or other bold geometric shapes in your colors. Don't overlook a black and white print—they often make an excellent choice! It may give you just the 'spark' that you need to brighten up those solids!</p>	<p>One Fat quarter</p>

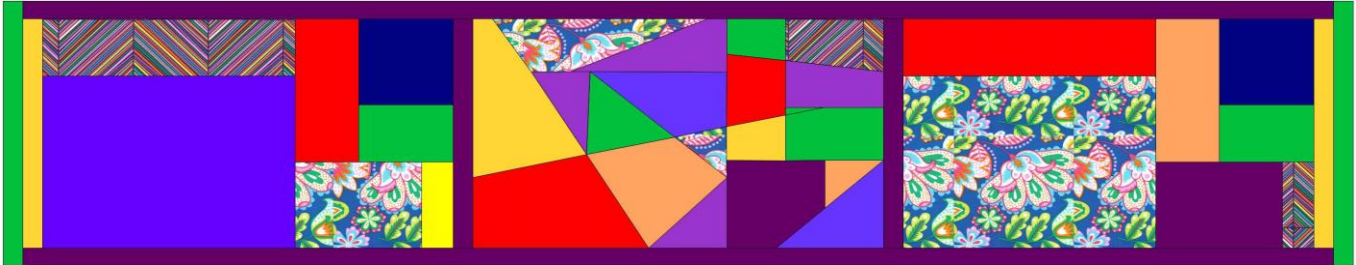
- **Option 2: Place Mats**
- **Option 3: Table Runner**

If you don't want to make the full version of the quilt, you can make several blocks to create four placemats OR a table runner. If you decide to make **BOTH** table runner and place mats, simply double the amount of fabric shown in the table below. (It's always wise to bring extra!).

<p style="text-align: center;"><b>FABRIC</b></p> <p><b>Option 2: Each place mat measures 12" by 18" finished. You can make 4 place mats with this fabric.</b></p> <p><b>Option 3: Table Runner measures 15" by 69" [can be altered with borders or adding one more block]</b></p>	<p style="text-align: center;"><b>Yardage Needed</b></p>
<p><b>One Focus Print:</b> select a vivid, interesting <u>modern</u> print with at least 6 different colors in it. Look at the fabric dots on the selvedge to help you select additional colors. This focus print will guide the rest of your choices and set the 'theme' for your quilt. Modern 'novelty' prints work well. Modern florals also work well.</p>	<p style="text-align: center;"><b>1/2 yard</b></p>
<p><b>1 Print that Complements Your Focus Print:</b> Don't match it too much! Look for modern fabrics that contrast and bring variety. For example, if your focus fabric is a bold novelty print, then look for smaller prints, modern batiks or stripes or plaids that have similar colors.</p>	<p style="text-align: center;"><b>1/4 yard</b></p>
<p><b>6 Solids, Ombres or Tone-on-Tones:</b> Hand dyes, Moda Grunge, Moda Marbles, Northcott Toscana, ombre fabrics and other tone-on-tones are all good options and will give your blocks more subtle texture than using a plain solid. It is VERY important to bring a variety of light, medium and dark values. Look for one or two fabrics with <u>darker</u> values as well as a medium and a light value. Compare these fabrics to your other fabrics—is there good contrast between them? I also suggest you bring one 'bright' color such as medium or light yellow or whatever 'bright' will complement your fabric colors.</p>	<p style="text-align: center;"><b>One half yard of each fabric--light, medium and dark values</b></p>
<p><b>OPTIONAL Bold Geometric Print:</b> Look for a print that has circles or other bold geometric shapes in your colors. Don't overlook a black and white print—they often make an excellent choice! It may give you just the 'spark' that you need.</p>	<p style="text-align: center;"><b>One Fat quarter</b></p>

Here is one version of the table runner. I will discuss other options during the workshop.

The Place Mats are made using single blocks with sashing and borders.



### **TABLE RUNNER AND PLACE MATS OPTIONS 2 AND 3: PREWORK--AT HOME PREPARATION**

If you plan on making a table runner, measure your table and bring the desired length of your table runner with you to the workshop. The table runner measures 13 inches finished in width but I will show you options for making it wider if that fits your table better.

Measure your table and decide how large you want your place mats to be. The place mats are made from the Fibonacci blocks and measure 13 by 21 inches finished. However, I will show you options for making the place mats smaller if that fits your table better.

## GENERAL SUPPLY LIST

- Sewing Machine
- Recommended Feet for your machine:
  - Normal sewing foot with an open toe in the front
  - Quarter-inch foot or patchwork piecing foot. Otherwise, be sure that you can sew an accurate quarter inch seam by marking your machine
- Neutral color thread for piecing (your choice)
- Rotary cutter and Ruler measuring at least 18 inches in length
- Cutting mat at least 24" x 24"
- Seam Ripper for those occasional mistakes
- About 25 Small Post-Its OR pieces of regular typing paper cut into 25 small squares (2 by 2 inches approximately)
- Straight pins